



Adult Women's Off-Ice & Hockey Skill Sessions **Feb. 20, March 13 & 27, 2010**

Welcome to the Edge School and Female Hockey Programs for all skill levels & ages. This 3-Day skill session invites all Female Recreation Hockey Players to participate in off-ice conditioning session followed by On-Ice skill session.

Coaching Staff

Head Instructor: Tracey Luhowy: Assistant Coach Girls Varsity Team Junior High Female Hockey Skill Academy Coach

Assistant Instructor: Laura Miline

SESSION DATES

Saturday, March 13 @ 330-430pm

- Power Skating
- Puck handling
- Shooting

Saturday, March 27 @ 515-615PM

- Power Skating
- Individual Defensive tactics
- Defensive zone play

Session Costs:

- **\$30.00/ session**



EDGE HOCKEY

Adult Women's Off-Ice & Skill Sessions Registration Form Cost: \$100.00

Player's Name: First _____ Last _____

Address: _____

Postal Code: _____ Phone: _____

Email: _____

Position: _____

Emergency Contact: _____ Phone: _____

Alberta Health Care #: _____

Allergies or Medical Concerns: _____

Please make your cheque payable to: **"EDGE SCHOOL"**. Personal information obtained and retained for safekeeping by Edge School hereunder ("Personal Information") is solely for the following purposes: (1) administering Edge Hockey Camps 2009 play and for properly attending to any necessary medical matter regarding your child and (2) providing you with information about Edge School and its programs should you indicate your interest below. The Personal Information will not be provided to any third party without your specific consent.

_____ **Yes, we wish to receive information about Edge School and its programs.**

Payment terms: Full payment and a completed Assumption of Risk and Waiver are required to confirm your spot.

Mail form and cheques payable to:

ATTN: TRCAEY LUHOWY

33055 TOWNSHIP ROAD 250, CALGARY, ALBERTA, CANADA. T3Z 1L4

Tracey Luhowy, Edge School Hockey Director and Edge may be reached at: tluhowy@edgeschool.com or by phone at 403-246-6439 ext. 446.